UNO Movement Game!

A shared idea from our friends at
Still Playing School

Simple Supplies:

- UNO Card Deck

*Tip – If you prefer, you can remove the non-numbered cards for a simpler version of the game.

How To:

1. Assign an action to each color. For example: Red = Hop, Yellow = Stomp, Green + Twirl, Blue = Touch Elbows to Opposite Knees. You can use these or be creative and assign your own actions. Writing down the assigned color/action on paper will make it easier to remember.

2. Shuffle deck and place it in one stack. Do not deal out cards.

3. Taking turns, flip the top card and then everyone follows the assigned action. For example, if a red six is flipped, the everyone has to hop six times while facing each other.

4. If you flip a "Reverse" card, then immediately draw the next card and follow the assigned action while facing away from each other.

5. If you flip a "Draw Two" or "Draw Four" card, the "Flipper" must flip the next card. The only the "Flipper" has to do the assigned action two or four times while everyone else watches and laughs.

6. If you flip a "Wild" card, the "Flipper" draws a card for each player, excluding themselves, and then choose which card they want to give each player. The players must then do the assigned activity while the "Flipper" watches and laughs.

7. If you flip a "Skip" card, simply take a few seconds to rest (highly recommended for adults) and then have the next player flip a card.

Other Things To Try:

1. The Recorder – Have an adult or responsible child record the fun and silly moves. The share your crazy fun game with your friends on social media and challenge them to share their UNO Movement Game.

2. Social Distancing Challenge – Instead of playing the game with your family at home, reach out to your friends on a video social media platform, and play with your friends. You will need to take turns instead of everyone doing the assigned activity at the same time. That way you can all sit back and watch your friend's goofy moments.